## **Resources for Aging Adults**





#### LOCAL RESOURCES

#### **Rocky River Public Library**

RRPL's Outreach Services provide patrons free delivery and pick-up of library materials to Rocky River residents who are temporarily or permanently home-bound due to age, illness or disability.

1600 Hampton Rd. Rocky River, OH 44116 *rrpl.org* 1.440.333.7610

## **Rocky River Senior Center**

Front Desk | 1.440.895.3755 Michelle Soneson, Transportation | 1.440.333.666 Candice Miele, Social Services | 1.440.333.6664

The Rocky River Senior Center strives to positively impact our community by creating opportunities for healthy aging through social engagement, physical well-being, civic involvement and lifelong learning.

21014 Hilliard Blvd Rocky River, OH 44116 rrcity.com/senior-center

## **Rocky River Resources Center**

Rocky River Recreation Center collaborates with senior-focused fitness program vendors Silver Sneakers and Renew Active. 21016 Hilliard Blvd Rocky River, OH 44116 rrcity.com/recreation 1.440.895.2599

#### ROCKY RIVER PUBLIC LIBRARY



#### **Meals on Wheels**

West Shore Meals on Wheels is a community-based nonprofit organization that prepares and delivers nutritious meals to residents of Fairview Park, Lakewood and Rocky River, Ohio. Rocky River-Lakewood Kitchen 20300 Hilliard Blvd Rocky River, OH 44116-3505 westshoremow.org 1.440.333.6298

## **Cleveland Sight Center**

Cleveland Sight Center's mission is to empower people with vision loss to realize their full potential and to shape the community's vision of that potential.

1909 East 101st Street Cleveland, OH 44106 clevelandsightcenter.org 1.216.791.8118

## Carolyn L. Farrell Foundation for Brain Health

The Carolyn L. Farrell Foundation offers free arts enrichment community programming to empower individuals affected by dementia.

26633 Detroit Rd Westlake, OH 44145 farrellfoundation.org 1.440.414.0434

### **Western Reserve Area Agency on Aging**

The Western Reserve Area Agency on Aging provides support services for older adults and persons with disabilities.

1700 East 13th Street Suite 114 Cleveland, OH 44114 areaagingsolutions.org 1.216.621.0303 or 1.800.626.7277

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#### **GENERAL RESOURCES**

#### **AARP**

TTY user dial 711 1.877.434.7598

AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering Americans 50 and older to choose how they live as they age.

601 E Street, NW Washington DC 20049

aarp.org/
1.888.687.2277

### **Golden Buckeye**

The nation's oldest public-private partnership to offer savings for Ohioans 60 or older and adults with disabilities, the Golden Buckeye card is honored at 20,000 businesses statewide.

Ohio Department of Aging 246 North High Street 1st Floor Columbus, OH 43215 ohio.gov/wps/portal/gov/site /residents/resources/golden-buckeye 1.800.266.4346

## **Social Security Administration**

LOCAL OFFICE 17513 Detroit Ave. Lakewood, Oh 44107 1.866.964.4389 TTY: 1.800.325.0778

Apply for new or replacement Social Security cards, apply for benefits, obtain information about retirement, eligibility, learn about disability requirements, report fraudulent activity and more.

1100 West High Rise 6401 Security Blvd. Baltimore, MD 21235 ssa.gov/ 1.800.772.1213

### HEALTHY LIVING

#### **Alzheimers Association**

TTY user dial 711 1.877.434.7598

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

225 N. Michigan Ave. Floor 17 Chicago, IL 60601 *alz.org/* 1.800.272.3900

#### **Medicare**

TTY 1.877.486.2048

Apply for Medicare, find healthcare providers, compare care near you, contact customer service and more.

U.S. Centers for Medicare and Medicaid Services 7500 Security Boulevard Baltimore, MD 21244 medicare.gov 1.800.MEDICARE (1.800.633.4227)

#### **Neighborhood Family Practice**

Neighborhood Family Practice provides access to primary health care to residents of Cleveland's near west side and accepts Medicaid, Medicare and most health insurance coverage, as well as providing a sliding fee discount for the uninsured.

3569 Ridge Road Cleveland, OH, 44102 *nfpmedcenter.org* 1.216.281.0872 or 1.855.637-6331

## **Senior Benefits Checkup**

From the National Council on Aging, this searchable site allows users to locate benefits and resources in your area that you may be eligible for.

National Council on Aging 251 18th Street South, Suite 500 Arlington, VA 22202 benefitscheckup.org/ 1.800.424.904

### **Ohio Long-Term Care Consumer Guide**

This web-based resource provides objective information to consumers, families and providers researching Ohio's long-term care providers.

Ohio Department of Aging 246 N. High St./1st Fl. Columbus, OH 43215-2406 Itc.ohio.gov/wps/portal/gov/ltc/ 1.800.266.4346

# **Ohio Senior Health Insurance Information Program**

TTY: 614.644.3745

OSHIIP provides Medicare beneficiaries with free, objective health insurance information, one on one counseling, and information about their Medicare benefits.

50 W Town Street Third Floor Suite 300 Columbus, OH 43215 insurance.ohio.gov/ 1.614.644.2658 or 1.800.686.1578

#### ROCKY RIVER PUBLIC LIBRARY



#### LEGAL HELP

#### The Legal Aid Society of Cleveland

Legal Aid offers brief advice on a first come, first served basis for free to eligible clients and serves Ashtabula, Cuyahoga, Geauga, Lake, and Lorain counties. 1223 West Sixth Street Cleveland, OH 44113 *lasclev.org* 1.216.687.1900 or 1.888.817.3777

## Office of the State Long-term Care Ombudsman

Ombudsmen work to resolve problems related to the health, safety, welfare, and rights of individuals who live in long-term care facilities, such as nursing homes, board and care and assisted living facilities, and other residential care communities. Ohio Department of Aging 246 North High Street 1st Fl. Columbus, OH 43215 aging.ohio.gov/Ombudsman 1.800.282.1206